



PARENT HANDBOOK

2021/2022

WELCOME to Sun Valley Soccer Club! We have created this parent handbook to clearly outline our new structure and provide you with answers to many of your questions regarding the upcoming season. We look forward to having you as part of the Sun Valley Soccer Club family.

CLUB CONTACTS



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BOARD MEMBERS

David Kurtz
Eric Wallace
Hollie Smart
Lincoln McNulty
Vicki Foster

PHILOSOPHY

SVSC is dedicated to giving all players a life-long passion for the beautiful game. We are a player focused club that wants all players to receive a comprehensive soccer education. We believe in long-term development and producing both technical and intelligent soccer players. We trust that if we focus solely on the development of our players and the performances of our teams, then results will come. Our new academy structure and the style of play that will be instilled in the club, is to give players within Sun Valley the opportunities to succeed and reach whatever goals they may have within soccer.

CURRICULUM

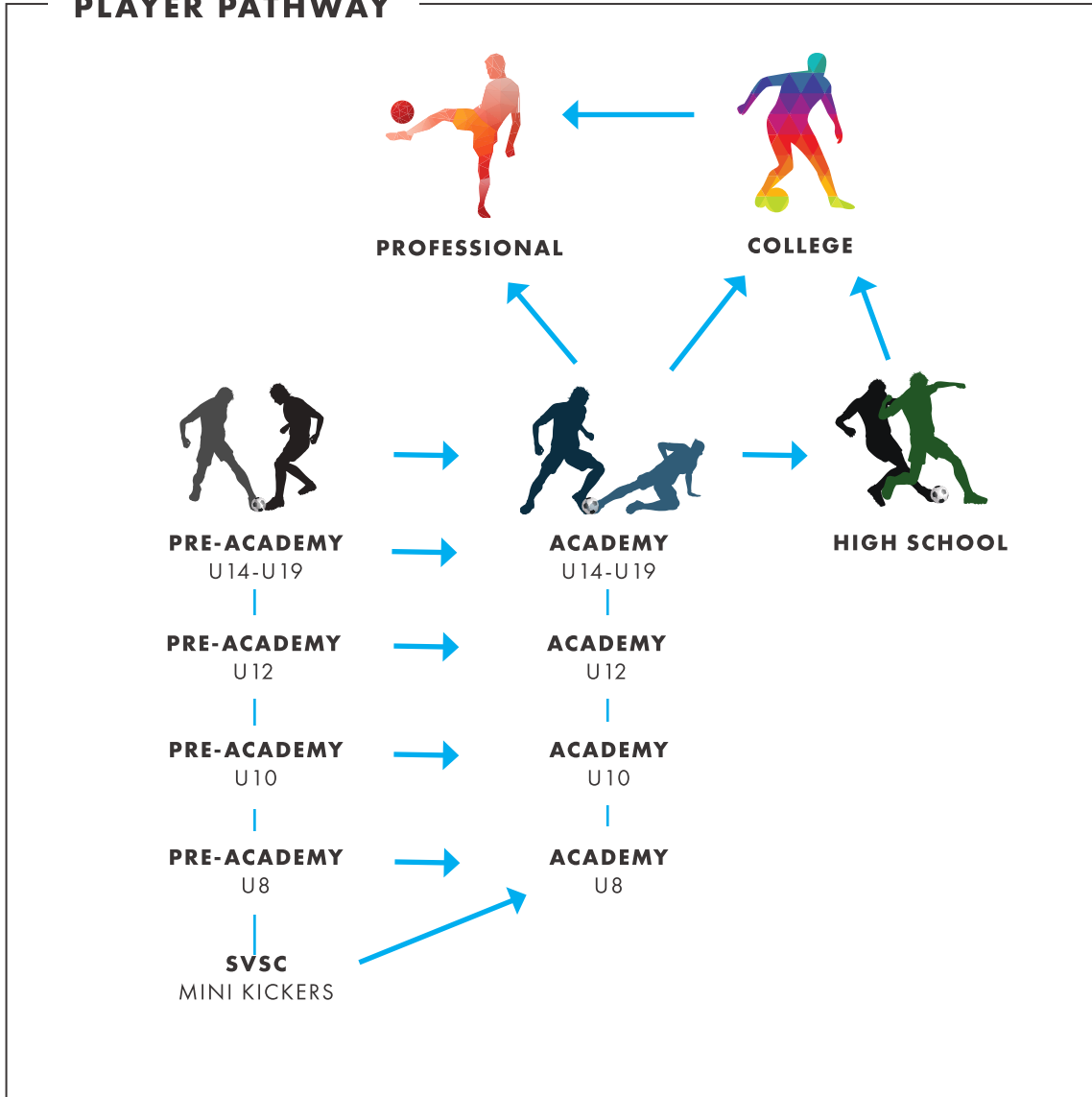
We have created a club-wide, age-appropriate curriculum that ensures that we are focused on long term development and preparing players for the next step on the player pathway. We will not skip learning the fundamental technical elements of the game in an attempt to win more games at the younger ages. Throughout the season, players may be invited to participate in games/practices with other teams within the club as part of the player pathway.

TRYOUTS

We will be hosting an academy tryout on June 17th. Player selection is the responsibility of the club directors and the designated coaching staff. Our team will work together to evaluate the players to ensure that they are placed in an environment that will best fit their development. Tryouts will happen in June each year. We will also hold an alternate August tryout for those that were unable to make the June date. If you cannot make tryouts but want to join our academy program, please get in touch with the club so we can arrange an additional tryout for you.



PLAYER PATHWAY



TIMELINE

As of August 2021, we will be introducing our NEW academy program. Teams will be for our more advanced players that want to continue their development year-round and have the ambition to compete at a high level. We will have a 'younger' and 'older' timeline. The 'older' timeline will allow players that are in middle and high school the opportunity to represent their schools but still be an integral part of the club when not actively playing with their schools.



ACADEMY

YOUNGER PROGRAM - \$850*

- June 14th week – Tryout
- August 1st week – Start 2x practices per week
- August – One Summer Tournament
- September - October – Fall Season (tournaments depending on league schedule)
- November & December – Indoor sessions when needed
- December – One Holiday tournament (out of state)
- December 13th – Break for Christmas
- January 17th – Return from Christmas break, 2x indoor sessions per week
- February – Continue 2x practices per week
- March – Pre-season tournament
- April – Spring season starts (one tournament)
- May – Season ends (one tournament)
- June – Tryouts



OLDER PROGRAM - \$600*

- June 14th week – Tryout
- July – Practice/camps (one tournament)
- August – practice until August 9th when High School/Middle School starts
- September - October – High School and Middle School season
- November & December – Indoor sessions start
- December – One Holiday tournament (out of state)
- December 13th – Break for Christmas
- January 17th – Return from Christmas break, 1 indoor session per week
- February – Start 2 practices per week
- March – Pre-season tournament
- April – Spring season starts (one tournament)
- May – Season ends (one or two tournaments)
- June – Tryouts



* Payments Plans available (i.e. quarterly payment plan with \$212.50 payments July 1, October 1, January 1, and April 1 or for the older players with \$200 payment July 1, November 1, March 1). Please reach out to Stephanie or Steve to set up payment plan.

** Multi-Child Discount - 10% second child, 15% third child, 20% discount for 4 or more.

FINANCIAL AID

A financial aid fund is available to provide assistance to players who would not be able to play competitive soccer without such assistance. The scholarships are based on need, not priority. Aid is available to players on a first-come, first-served basis after the club has received a completed application from the parents of the player and the board has reviewed and discussed the application. Financial aid is only available to alleviate registration fees. It is not intended to cover tournament fees or uniform costs. An individual player sponsor may be available to assist with tournament fees or uniform costs. Contact Stephanie Lempesis or Steve Carroll for more information.

PLAYER EXPECTATIONS

We expect all of our players to represent SVSC in a positive manner both on and off the field. As a player for SVSC, we expect all players to adhere to the following standards:

- Arrive on time for all practices and games
- Abide by all rules set by coach and club
- A positive and patient attitude towards individual player development
- Respect all coaches, teammates, opposition and referees
- Demonstrate good sportsmanship at all time
- Wear SVSC attire to all practices and games
- Have your home and away (alternate) uniforms with you at ALL GAMES. Failure to bring both uniforms may result in a player not being allowed to play. All players must wear matching uniform and not conflict with the color of the opposing team.
- Inform your coach in advance if you are unable to attend any practices or games
- Report all injuries to the team coach as soon as possible.
- Consult your coach before training or guesting for any other clubs

PARENT EXPECTATIONS

As a parent we want you to enjoy the experience of watching your child develop and play. We ask that parents adhere to the following rules:

- Do not coach your child or any other player on the field during practices and games! We want our players to make decisions by themselves. They will learn more and develop faster if we allow them this.
- Respect the referees. Yes, they make mistakes, and it can be frustrating, but we ask that you do not shout or berate the referees.
- Realize all players must compete for their spot on the field, the bench and the roster
- Follow proper club communication protocol: should you have a complaint, please address it through the appropriate channels, starting with your coach and always respecting the 24-hour rule
 - * Parents should wait 24 hours after game/practice before contacting their coach regarding on-the-field questions/concerns.
- Ensure your child is on time for all events and is wearing the correct SVSC attire.

PRACTICES

- In general, teams will practice two to three times per week.
- Practice days and times are decided by the coach. Younger teams typically practice two days per week while older teams may increase their practices to three days per week. Practices are usually one and a half hours for the younger teams and up to two hours for the older teams. This is approximately the same amount of time players will be on the field from start to finish during a game.
- Day of the week and times for practices will vary depending on the schedule of the coach and field availability. Every effort will be made to maintain consistency in practice schedules to enable parents and players to plan accordingly.
- Appropriate training attire must be worn for practice. Uniforms are NOT appropriate training attire. Soccer clothing – shorts, socks, shin guards and designated practice shirts – must be worn for training. No tank tops or jeans allowed.
- Practices are normally held rain or shine. If you do not receive notice that a practice is canceled, you should assume that practice is on. If necessary, the coach can cancel practice at the field. The coach and/or club director have the right to cancel any practice if he/she believes the safety of players is at risk.
- Although teams can practice and play in all kinds of weather, lightning is cause for immediate suspension or termination of play. The '30/30' rule for lightning safety could save lives. The first '30' means that you need to take cover (in a sturdy building or a car) if you hear thunder within 30 seconds of the lightning flash ('flash to bang' ratio). Then wait at least 30 minutes after the last lightning flash or thunder in order to resume normal activity.

- All players are expected to make an investment in their own development beyond the formal training time scheduled with the team. Players are encouraged and expected to discuss ideas for skills improvement with their coach and practice and play on their own outside of regular practice.

TOURNAMENTS

The coaches will work with the directors to select tournaments that will be the best fit for your team. **The tournament fees are not included in registration fees.** They will be an added cost divided by all players on the roster.

When a tournament or league game requires a hotel stay, team parents are expected to cover the head coach's travel expenses. This includes paying for a standard hotel room (if needed), mileage reimbursement at a rate of \$0.40 per mile, and \$40 per day for meals.

MULTI-SPORT PLAYERS

We encourage our players to participate in more than one sport. Many studies show that children competing in more than one sport have a better chance of succeeding long term at a higher playing level. We understand that our multi-sport players may miss some practices during the busy winter months, so we are looking to work around winter sports to allow our players to do both. What we want to avoid is having our players not touch a ball for months on end and lose the progress they've made!

TEAM ROSTER GUIDELINES & GUEST PLAYERS

It is the policy of the Idaho Youth Soccer Association (IYSA) that players can only be registered on one team roster in any state at any given time. Players are committed to the club for the entire seasonal year (July 1 to June 30). Players may play as guest players within our own club with the approval of both team coaches. Players wishing to play as guest players for another club must receive permission from the club director. Coaches and directors from other clubs must obtain permission from the Sun Valley Soccer Club Directors prior to asking the player to guest play. Those violating this policy are subject to illegal recruitment penalties.

COACHES

We understand that good coaches make good players. As a club and coaching staff, we are investing in coaching education events and also having all of our coaches working towards completing their coaching licenses.

TEAM MANAGERS & TEAMSnap

We will be asking that each team has a parent volunteer to be team manager. The team manager will be responsible for player cards, rosters, collecting tournament fees and registering teams for tournaments. The club will be here to help our team managers throughout the season on anything they are unsure on. Each team will also have a TeamSnap account to help with team communication and scheduling.